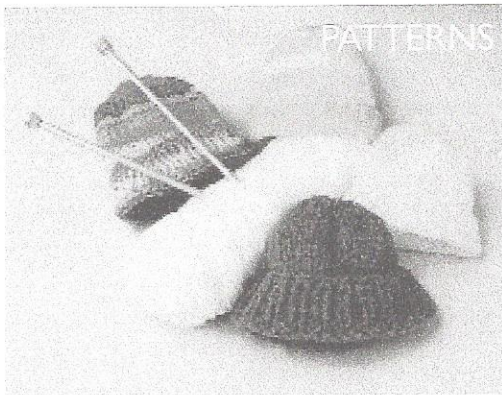


# Cap Patterns

The babies Save the Children serves are often low birthweight, so the caps need to be smaller than we are used to making in the United States. A circumference of 9" to 11" is ideal.

Use any smooth, washable yarn. Any infant pattern is fine so long as it is a suitable size and will keep the baby's head warm. Here are suggested patterns for both knitters and crocheters, using either sport or worsted weight yarns. Scrap yarns are fine, and the patterns can be varied as desired with stripes or other color combinations.

For additional patterns and tips, go to [warmupamerica.org](http://warmupamerica.org)



## PATTERNS FOR KNIT CAPS

### Abbreviation Key

"	= inch(es)
CO	= cast on
k or K	= knit
k2tog	= knit 2 stitches together
mm	= millimeter(s)
oz	= ounce(s)
p or P	= purl
rem	= remaining
rep	= repeat
st(s)	= stitch(es)

### SPORT WEIGHT CAP

Size: 10" circumference

#### Materials

- Sport weight yarn, 3/4 oz
- Size 8 (5mm) knitting needles (or size required for gauge)
- Size 6 (4mm) knitting needles
- Yarn needle to sew seam

#### Gauge

20 sts = 4" with larger needles in Stockinette St

#### INSTRUCTIONS

##### Cuff

With smaller needles, CO 48 sts. Work in K1, P1 ribbing for 1 1/2".

##### Crown

Change to larger needles

Row 1 (right side): Knit.

Row 2 (wrong side): Purl.

Repeat Rows 1 and 2 until piece measures 5" from CO edge, ending with a wrong-side row.

##### Shape Top

Row 1: \*K2tog, K2; rep from \* across: 36 sts.

Row 2: Purl.

Row 3: \*K2tog, K2; rep from \* across: 27 sts.

Row 4: Purl.

Row 5: \*K2tog, K1; rep from \* across: 18 sts.

Row 6: Purl.

Row 7: K2tog across: 9 sts. Cut yarn, leaving a long end.

Thread yarn into yarn needle and draw through rem sts on needle. Draw up tightly and fasten off securely. Sew seam.

Turn up cuff.

### WORSTED WEIGHT CAP

Size: 10" circumference

#### Materials

- Worsted weight yarn, 3/4 oz
- Size 10 (6mm) knitting needles (or size required for gauge)
- Size 8 (5mm) knitting needles
- Yarn needle to sew seam

#### Gauge

16 sts = 4" with larger needle in Stockinette St

#### INSTRUCTIONS

##### Cuff

With smaller needles, CO 44 sts. Work in K1, P1 ribbing for 1 1/2".

##### Crown

Change to larger needles

Row 1 (right side): Knit.

Row 2 (wrong side): Purl.

Repeat Rows 1 and 2 until piece measures 5" from CO edge, ending with a wrong-side row.

##### Shape Top

Row 1: \*K2tog, K2; rep from \* across: 33 sts.

Row 2: Purl.

Row 3: \*K2tog, K1; rep from \* across: 22 sts.

Row 4: Purl.

Row 5: K2tog, \*K2, K2tog; rep from \* across: 16 sts.

Row 6: Purl.

Row 7: K2tog across: 8 sts. Cut yarn, leaving a long end.

Thread yarn into yarn needle and draw through rem sts on needle. Draw up tightly and fasten off securely. Sew seam.

Turn up cuff.